

# Local Wellness Policy Progress Report

**School Name:** Clarinda Community Schools

**Wellness Policy Contact:** Julia Harris

**Date Completed:** December 3rd, 2024

This tool is to document progress in meeting the goals written in the district’s wellness policy at each school building. Document steps that have or will be taken to accomplish each goal. In the “Contact Person” column identify the individual who can report on the goals’ progress. The items that are completed at the district level should be pre-filled to inform all school staff of the implementation status of those goals. Add more lines for goals as needed.

## Nutrition Education and Promotion Goals Physical Activity Goals

District Wellness Policy Goals	Contact Person	Fully in Place	Partially in Place	Not in Place	List steps that have been taken to implement goal and list challenges of implementation.	List next steps that will be taken to fully implement and/or expand on goal.
1.Nutrition Education is provided at each grade level	Julia Harris, Food Service Director	x			Nutrition education is part of the physical education curriculum	Explore additional lessons and activities that incorporate nutrition education into math, reading and social studies.
2. USDA Posters are hung around to help teach students about nutritional meals	Julia Harris, Food Service Director	x			Attending summer seminars and receiving informational posters	Putting the posters up and even emailing teachers and staff the same information.
3. Elementary students will receive a minimum of 30 minutes of physical activity a day through recess or classroom activities	Colby Sorensen	x				

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1.Secondary students will be engaged in a minimum of 120 minutes of physical	Jacob Privia	x				

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activity per week, either through school or activities approved outside the regular day.						
2.						

### Other School Based Activities Goals

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1. Students can carry a water bottle or have access to water.	Julia Harris	x			A water dispenser has been placed at the elementary commons during lunch.	Every semester checking to see if this is still available to the students.
2.						

### Standards and Nutrition Guidelines for All Foods and Beverages *Sold* to Students During the School Day (e.g. vending, school stores, etc.)

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1. All snacks in vending machines are SMART Snacks.	Building Principals, Lesley Ehlers and Luke Cox	x			Working on getting the elementary vending machine compliant.	Checking over the vending machines each semester to make sure they are state approved.
2. Vending Machines will only have water in them at the elementary.	Lesley Ehlers		x		Working on getting the elementary vending machine compliant.	Checking over the vending machines each semester to make sure they are state approved.

**Standards for All Foods and Beverages *Provided* (not sold) to Students During the School Day (e.g. class parties, foods given as reward, etc.**

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1. Store bought items only for the classroom	Julia Harris		x		Come up with a list to send out to staff and families of approved classroom items for special occasions.	Verifying that all staff and families have received this information and updating it every year.
2.						

**Policies for Food and Beverage Marketing**

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1. Food Marketing on the walls at school are all nutritional posters provided by the USDA.	Julia Harris	x			Placing USDA posters on the walls in the buildings.	Updating the USDA posters every year.
2. No outside beverages from local establishments during school hours	Building Principals		x		It is listed in the handbook	Meeting with building principals every year to discuss.

**This institution is an equal opportunity provider.**