

2018 Clarinda XC Camp

7th-12th Grade XC Athletes



Monday, July 30: 6:00-9:00 pm

Tuesday, July 31: 6:00-9:00 pm

Wednesday, August 1: 5:30-6:00 pm PARENT MEETING

Wednesday, August 1: 6:00-9:00 pm

PHYSICAL AND CONCUSSION FORMS SHOULD BE TURNED IN DURING CAMP WEEK. BOTH FORMS NEED TO BE COMPLETED AND TURNED IN BEFORE ATHLETES ARE ALLOWED TO PRACTICE BEGINNING AUGUST 6th.

Please return the bottom portion of this form to Coach Mayer by July 20.

Cut here and return to Coach Mayer or HS Front office.

Keep the top for reference.

Name::_____ Grade _____ Athlete's Phone#_____

Parent Contact_____ Parent's Phone#_____