

**Coach Andi Adams Presents**  
**Saturday, January 11th, Clarinda High School**  
**Pitching Clinic 12:00-1:00**  
**Parent/Coach/Athlete Presentation 1:00-1:30**  
**Defensive Clinic 1:45-3:30**

This personalized clinic will cover what your athletes need to do in order to be fundamentally sound, especially in defense and pitching. Coaches will also learn how to put together effective practices and keep athletes interested the entire time while they learn multiple drills and techniques. Athletes will receive one-on-one instruction during multiple drills as station work is completed. A parent and athlete presentation on becoming a cohesive program from the bottom up will be presented before the camp begins.

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**Registration Form**

Athlete's Information:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Parent E-mail Address: \_\_\_\_\_

Parents: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

- I/We, the parent(s) understand and appreciate that participation in fast pitch softball carries risks of serious injury to my/participating child, including permanent disability, paralysis, or death, and protective equipment does not prevent all injuries to participants.
- I/We voluntarily and knowingly acknowledge, accept, and assume these risks and voluntarily waive and release any and all rights and claims for damages I/We may have against Andi Adams or any of her coaching staff, which may be sustained and suffered out of my traveling to, or participating, and returning from the clinic.

Parent/Guardian

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**COST: \$40** Cash or checks payable to Andi Adams

**(25 or more campers will be \$35 each)**

**\*\*A pitching clinic will be held one hour before and will be an additional \$20 for each pitcher from 12:00-1:00.**

Please bring your glove and make sure you wear comfortable clothing and tennis shoes. I also encourage parents to attend and take notes and even record what is said during the clinic so that you can work with your athlete(s).

If you have any questions, please feel free to call Coach Andi Adams any time at 515-571-5315 or e-mail at [aadams@fdschools.org](mailto:aadams@fdschools.org)

**\*Return registration forms and full payment before November 27th to:**

**Andi Adams**  
**2813 North 17th Street**  
**Fort Dodge, IA 50501**





## **Andi (Royster) Adams Current Fort Dodge Senior High Coach**

- Coaching record is **659-302** overall in 20 years
- Winningest coach of any sport in Fort Dodge Senior High history
- Iowa Girls Coaching Association Hall of Fame Induction in 2020
- National Fastpitch Coaches Association Midwest Sectional Coach of the Year 2017-2018
- National Fastpitch Coaches Association State of Iowa Coach of the Year 2017-2018
- **Eleven State Softball Tournament Appearances**, Fort Dodge Senior High in **2019, 2018, 2016, 2015, 2011, 2006, 2005, 2004, 2003, 2002**, and Eldora-New Providence in **2000**
- Iowa Girls' High School Athletic Union Advisory Board (2012-2017)
- CIC Northern Division Conf. Champions (2016, 2015, 2014, 2013)
- Iowa CIML Conference Championship (2004, 2005)
- District 4A West Coach of the Year (2018, 2010, 2008, 2004, and 2001)
- CIML Iowa Coach of the Year (2005 and 2004)
- Inducted Buena Vista University Hall of Fame (2011)
- Inducted Webster City Hall of Fame (2011)
- At FDSH, her teams have broken and set all school records for wins, offense, and defense.
- Over 80 players from her programs have played at the collegiate level, including notable Division I programs.
- Over 55 times her players have received All-State recognition in her programs.
- Speaker at countless clinics, camps, and conferences

## **Jalen Adams--Sophomore Current Player (and daughter) of Coach Adams**

- First Team All State 5A Pitcher 2019 (Freshman Year)
- First Team All Conference Iowa CIML 2019 (Freshman Year)
- All District 2019
- Reached base in 42 games (40 in a row) 2019
- Third Team All State 5A Pitcher 2018 (Eighth Grade)
- Second Team All Conference Iowa CIML (Eighth Grade)
- All District 2018
- Has attended multiple showcases, tournaments, and camps across the nation, and has a wealth of knowledge to share with those who also love the game!

