

## May K-8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients Avg
	1 Corndog on a Stick Grilled Cheese Garden Salad Corn Doritos Fresh Cut Veggies Strawberries, frozen Juice Cup or Box, 4 oz Milk Assorted	2 Italian Dunkers - Ele Fruit & Yogurt Salad Box Broccoli & Cheese Carrot, diced Fresh Cut Veggies Pears Mixed Fruit Fruit Snack, Scooby Doo Milk Assorted	3 Chicken Strips K-8 Shrimp Bites Broccoli & Cheese Sweet potato casserole Fresh Cut Veggies Applesauce Cup Juice Cup or Box, 4 oz Sports Bites Milk Assorted	4 Pork Loin on WG Bun Chef Salad Baked Beans Green Bean Fresh Cut Veggies Pears Watermelon, wedge Milk Assorted	Calories 635 Sodium 932 mg Total Fat 19.56 g 27.7% Saturated Fat 4.97 g 7.0%
7 Sausage/Egg on Bun Uncrustable/String Cheese Potato Cubes Green Bean Fresh Cut Veggies Juice Cup or Box, 4 oz Pineapple Chunks Milk Assorted Tea Roll WG Ketchup	8 Quesadilla Fish Sticks/Fries Peas & Carrots Pasta and Grilled Veggies Fresh Cut Veggies Peaches Mixed Fruit Milk Assorted Salsa, prepared Sherbet Cup(fruit juice base)	9 Pizza Cheese Crunchers Chicken Drumstick Corn Broccoli Normandy Fresh Cut Veggies Apple, fresh sliced or whole Pears Goldfish Giant Grahams Milk Assorted	10 Chicken Nuggets Burrito, Bean/Cheese Mixed Veggies Baked Beans Fresh Cut Veggies Grapes Applesauce Milk Assorted Cookie, Carnival	11 Pizza, Wedge, Pepperoni Flying Saucer Broccoli & Cheese Green Bean Fresh Cut Veggies Mandarin Oranges Mixed Fruit Milk Assorted Tea Roll WG	Calories 633 Sodium 1069 mg Total Fat 18.39 g 26.2% Saturated Fat 6.03 g 8.6%
14 Cook's Choice, No Alternate	15 Cook's Choice, No Alternate	16 Cook's Choice, No Alternate	17 Cook's Choice, No Alternate	18 Cook's Choice, No Alternate	Calories 605 Sodium 1075 mg Total Fat 15.91 g 23.7% Saturated Fat 5.06 g 7.5%
21 Cook's Choice, No Alternate	22 Cook's Choice, No Alternate	23 Sack lunch			Calories 605 Sodium 1075 mg Total Fat 15.91 g 23.7% Saturated Fat 5.06 g 7.5%

Thank you for letting us serve you, and we hope to see you at the Middle School for Summer Lunches June 1-July 31.  
Menus may change as we use up products on hand. Menus marked cook's choice will be announced 1-2 days prior to serving.  
We are an equal opportunity employer USDA.

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.