

Licensed to Clarinda High School HY-TEK's Meet Manager 4/3/2019 10:31 AM
 Lady Cardinal Relays 2018 - 4/3/2018
 Clarinda High School
 Results

Girls 100 Yard Dash Class 2A

Name	Year School	Seed	Finals	H#	Points
Finals					
1 Ostrander, Bailey	Glenwood Gir	13.75	13.44	2	10
2 Archie, Alexis	CB Thomas Je	14.02	14.09	2	8
3 Bentley, Ashlynn	Red Oak	13.90	14.24	2	6
4 Millikan, Paige	Clarinda	13.90	14.33	2	4
5 Fields, Brianna	Creston	15.16	14.40	1	2
6 Mass, Maxine	CB Thomas Je	14.54	14.62	2	1
7 Worthington, Alison	Creston	14.68	14.63	2	
8 Boltinghouse, Laney	Clarinda	14.76	14.76	1	
9 Niklasen, Aspen	Atlantic	14.51	14.92	2	
10 Bruckner, Grace	Atlantic	14.78	15.05	1	
11 Morris, Cassidy	Shenandoah	14.50	15.63	2	
12 Kalkas, Kallee	Shenandoah	15.50	16.75	1	

Girls 200 Yard Dash Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Matheny, Coryl	Glenwood Gir	28.20	27.39	2	10
2 Rasmussen, Haley	Atlantic	27.28	27.48	2	8
3 Derby, Alyssa	Atlantic	27.42	27.92	2	6
4 Dryden, Hannah	Creston	28.22	28.84	2	4
5 Rice, Peyton	Creston	29.83	29.43	2	2
6 Smith, Alexis	CB Thomas Je	28.85	29.46	2	1
7 Walker, Sophie	Red Oak	28.26	29.76	2	
8 Bentley, Ashlynn	Red Oak	28.43	29.88	2	
9 Bose, Shaeley	CB Thomas Je	30.33	30.65	1	
10 Nielsen, Nikki	Glenwood Gir	32.50	31.34	1	
11 Strait, Chloe	Clarinda	33.00	32.01	1	
12 Spiegel, Reese	Shenandoah	32.50	32.56	1	
13 Richardson, Baylee	Shenandoah	32.50	32.67	1	
14 Smith, Izzy	Clarinda	33.79	33.07	1	

Girls 400 Yard Dash Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Rasmussen, Haley	Atlantic	1:02.31	1:02.33	2	10
2 Hughes, Abby	Glenwood Gir	1:02.50	1:03.18	2	8
3 Pross, Pluma	Atlantic	1:04.19	1:04.68	2	6
4 Hudson, MaKenna	Creston	1:05.40	1:05.36	2	4
5 Walker, Sophie	Red Oak	1:05.22	1:05.54	2	2
6 Baker, Braelyn	Creston	1:07.28	1:07.04	2	1
7 Bose, Shaeley	CB Thomas Je	1:11.00	1:10.38	1	
8 Lihs, Morgan	Clarinda	1:12.06	1:11.20	1	
9 Mass, Maxine	CB Thomas Je	1:11.00	1:14.57	2	
10 Zavala, Sippsy	Clarinda	1:18.26	1:16.32	1	

Girls 800 Yard Run Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Baker, Brielle	Creston	2:33.64	2:28.28	2	10
2 McCreedy, Taylor	Atlantic	2:28.77	2:30.41	2	8
3 Hudson, MaKenna	Creston	2:34.04	2:36.35	2	6
4 Rush, Karsyn	Atlantic	2:33.79	2:37.96	2	4
5 Rengstorf, Ellie	Red Oak	2:40.02	2:40.64	2	2
6 Schultz, Erin	Glenwood Gir	2:38.00	2:41.31	2	1
7 Godfread, Brenna	Shenandoah	2:43.00	2:43.14	2	
8 Miller, Suzie	CB Thomas Je	2:45.57	2:45.00	1	
9 Black, Brooklen	Shenandoah	2:45.00	2:52.73	2	
10 Belt, Hannah	CB Thomas Je		2:57.00	1	
11 Lihs, Molly	Clarinda	2:57.80	2:58.00	1	
12 Zavala, Sippsy	Clarinda	3:04.08	3:10.00	1	

Girls 1500 Yard Run Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Schraft, Janette	Glenwood Gir	4:55.00	4:45.81	2	10
2 Hughes, Emma	Glenwood Gir	5:14.00	5:19.08	2	8
3 Baker, Braelyn	Creston	5:28.38	5:19.41	2	6
4 Botos, Madison	Atlantic	5:30.79	5:36.23	2	4
5 Davis, Paige	Creston	5:47.14	5:38.88	2	2
6 Campbell, Claire	Shenandoah	5:43.00	5:41.00	2	1
7 Manrose, Carlie	Shenandoah	5:45.00	5:42.00	2	
8 Altman, Abby	Atlantic	5:58.81	6:01.77	2	
9 McCunn, Alexa	Red Oak	5:59.84	6:06.00	1	
10 Morgenstern, Bryn	Clarinda	6:30.00	6:13.00	1	
11 Hall, Delaney	Red Oak	6:30.00	6:14.00	1	
12 Slack, Julia	CB Thomas Je	6:18.64	6:20.00	1	
13 Calabro, Kaitlynn	CB Thomas Je	6:27.32	6:31.00	1	

Girls 3000 Yard Run Class 2A

Name	Year School	Seed	Finals	Points
1 McCreedy, Taylor	Atlantic	10:56.00	11:05.63	10
2 Belt, Hannah	CB Thomas Je	12:28.57	12:15.83	8
3 Dearment, Addie	Atlantic	12:15.94	12:19.65	6
4 Campbell, Claire	Shenandoah	12:00.00	12:27.52	4
5 Christensen, Ali	Creston	12:39.07	12:33.67	2
6 Wiese, Riley	Glenwood Gir	12:30.00	12:55.57	1
7 Evers, Emma	CB Thomas Je	14:17.15	14:26.10	

Girls 100 Yard Hurdles Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Scarborough, Elle	Glenwood Gir	16.20	16.04	2	10
2 Ausdemore, Marissa	Glenwood Gir	16.60	16.33	2	8
3 Lowary, Anna	Atlantic	18.09	18.06	2	6
4 Pellett, Caroline	Atlantic	18.69	19.44	2	4
5 Lynch, Brittany	Creston	19.49	19.70	2	2

6	Carroll, Alexcia	CB Thomas Je	19.76	19.75	2	1
7	Shane, Addy	Clarinda	20.28	20.14	1	
8	Hunter, Riley	Shenandoah	19.50	20.74	2	
9	Wilmes, Colbie	Clarinda	23.12	23.56	1	
10	Seaton, Taylor	Creston	28.46	28.47	1	
--	Watts, Hailey	CB Thomas Je	18.72	DNF	2	

Girls 400 Yard Hurdles Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Becker, Lauren	Glenwood Gir	1:14.00	1:14.49	2	10
2 Williams, Heidi	Atlantic	1:14.37	1:14.92	2	8
3 Lowary, Anna	Atlantic	1:15.80	1:15.63	2	6
4 Wedemeyer, Taylor	Clarinda	1:17.00	1:15.72	2	4
5 Morales-Llan, Lydia	Shenandoah	1:20.00	1:24.23	2	2
6 Carey, Tyanna	CB Thomas Je	1:23.46	1:24.41	1	1
7 Lynch, Brittany	Creston	1:23.20	1:24.72	1	
8 Evans, Halle	Creston	1:33.78	1:26.80	1	
9 Cole Johnson, Akaysha	CB Thomas Je	1:22.71	1:30.59	1	

Girls 4x100 Yard Relay Class 2A

School	Seed	Finals	Points
1 Glenwood Girls 'A'	52.41	51.97	10
1) Scarborough, Elle	2) Ostrander, Bailey		
3) Ausdemore, Marissa	4) Matheny, Coryl		
2 CB Thomas Jefferson 'A'	52.65	53.56	8
1) Archie, Alexis	2) Smith, Alexis		
3) Miller, Suzie	4) Jones, Caitlyn		
3 Clarinda 'A'	57.17	56.54	6
1) Boltinghouse, Laney	2) Strait, Chole		
3) Espinosa, Faith	4) Millikan, Paige		
4 Atlantic 'A'	56.95	56.85	4
1) Miller, Cambry	2) Burg, Tayler		
3) Bean, Aleigh	4) Niklasen, Aspen		
5 Creston 'A'	59.62	57.05	2
1) Reynard, Ashley	2) Lynch, Brittany		
3) Fields, Brianna	4) Hanson, Emma		
6 Red Oak 'A'	57.88	57.10	1
1) Bass, Camryn	2) Peterson, Trinity		
3) Brummett, Araina	4) Bentley, Ashlynn		
7 Shenandoah 'A'	59.00	1:00.49	
1) Hunter, Riley	2) Richardson, Baylee		
3) Spiegel, Reese	4) Stogdill, Olivia		

Girls 4x200 Yard Relay Class 2A

School	Seed	Finals	Points
1 Glenwood Girls 'A'	1:59.90	1:53.00	10
1) Becker, Lauren	2) Schultz, Abi		
3) Roenfeldt, Lauren	4) Matheny, Coryl		
2 CB Thomas Jefferson 'A'	1:57.00	1:56.00	8
1) Archie, Alexis	2) Evers, Abby		
3) Exley, Alexis	4) Belt, Hannah		

3 Creston 'A'	1:57.97	1:57.00	6
1) Reynard, Ashley	2) Hanson, Emma		
3) Fields, Brianna	4) Fields, Kelsey		
4 Atlantic 'A'	2:01.25	2:02.20	4
1) Bruckner, Grace	2) Miller, Cambry		
3) Burg, Tayler	4) Williams, Heidi		
5 Shenandoah 'A'	2:03.00	2:02.40	2
1) Adkins, Claire	2) Denton, Roxy		
3) Morris, Cassidy	4) Gilbert, Sarah		
6 Red Oak 'A'	2:02.45	2:08.00	1
1) Bass, Camryn	2) Southwell, Mya		
3) Graham, Aedynn	4) Peterson, Trinity		
7 Clarinda 'A'	2:08.19	2:08.90	
1) McQueen, Jordyn	2) Sunderman, Maddie		
3) Wilmes, Colbie	4) Smith, Izzy		

Girls 4x400 Yard Relay Class 2A

School	Seed	Finals	Points
1 Atlantic 'A'	4:15.46	4:15.52	10
1) Derby, Alyssa	2) McCreedy, Taylor		
3) Pross, Pluma	4) Rasmussen, Haley		
2 Creston 'A'	4:28.06	4:22.38	8
1) Baker, Brielle	2) Dryden, Hannah		
3) Hudson, MaKenna	4) Rice, Peyton		
3 Clarinda 'A'	4:47.91	4:45.20	6
1) Millikan, Paige	2) Eberly, Ashlyn		
3) Espinosa, Faith	4) Wedemeyer, Taylor		
4 CB Thomas Jefferson 'A'	4:26.00	4:49.09	4
1) Exley, Alexis	2) Miller, Suzie		
3) Evers, Abby	4) Quartier, Amelie		
5 Red Oak 'A'	4:43.72	4:52.98	2
1) Rengstorf, Ellie	2) Graham, Aedynn		
3) Hall, Delaney	4) Walker, Sophie		
6 Shenandoah 'A'	4:55.00	4:56.41	1
1) Kinghorn, Hadlee	2) Black, Brooklen		
3) Godfread, Brenna	4) Gilbert, Sarah		

Girls 4x800 Yard Relay Class 2A

School	Seed	Finals	Points
1 Creston 'A'	10:21.75	10:25.76	10
1) Baker, Braelyn	2) Rice, Peyton		
3) Davis, Paige	4) Baker, Brielle		
2 Glenwood Girls 'A'	10:34.00	10:45.06	8
1) Schultz, Abi	2) Hughes, Abby		
3) Becker, Lauren	4) Schultz, Erin		
3 Atlantic 'A'	10:40.00	10:45.90	6
1) Pross, Pluma	2) Goergen, Kennedy		
3) Altman, Abby	4) Rush, Karsyn		
4 Shenandoah 'A'	10:50.00	11:08.37	4
1) Godfread, Brenna	2) Manrose, Carlie		
3) Black, Brooklen	4) Gilbert, Sarah		
5 Red Oak 'A'	12:27.77	11:16.49	2
1) Rengstorf, Ellie	2) McCunn, Alexa		

3) Graham, Aedynn	4) Hall, Delaney			
6 Clarinda 'A'	11:45.96	11:27.28	1	
1) Strait, Chloe	2) Lihs, Molly			
3) Eberly, Ashlyn	4) Wedemeyer, Taylor			
7 CB Thomas Jefferson 'A'	11:35.00	12:17.50		
1) Cole Johnson, Akaysha	2) Carey, Tyanna			
3) Slack, Julia	4) Benavides, Isabella			

Girls 800 Sprint Medley Class 2A

School	Seed	Finals	Points
1 Atlantic 'A'	1:59.85	2:00.17	10
1) Niklasen, Aspen	2) Miller, Cambry		
3) Hansen, Taylor	4) Derby, Alyssa		
2 Glenwood Girls 'A'	2:01.00	2:00.71	8
1) Ausdemore, Marissa	2) Hughes, Abby		
3) Scarborough, Elle	4) Roenfeldt, Lauren		
3 Creston 'A'	2:02.71	2:01.56	6
1) Dryden, Hannah	2) Hanson, Emma		
3) Rice, Peyton	4) Hudson, MaKenna		
4 Red Oak 'A'	2:00.66	2:02.17	4
1) Rengstorf, Ellie	2) Brummett, Araina		
3) Bentley, Ashlynn	4) Walker, Sophie		
5 CB Thomas Jefferson 'A'	2:00.93	2:04.00	2
1) Archie, Alexis	2) Smith, Alexis		
3) Bose, Shaeley	4) Quartier, Amelie		
6 Clarinda 'A'	2:15.35	2:07.42	1
1) Boltinghouse, Laney	2) Sunderman, Maddie		
3) Wedemeyer, Taylor	4) Lihs, Morgan		
7 Shenandoah 'A'	2:13.00	2:14.40	
1) Stogdill, Olivia	2) Spiegel, Reese		
3) Richardson, Baylee	4) Morris, Cassidy		

Girls Distance Medley Class 2A

School	Seed	Finals	Points
1 Creston 'A'	4:37.97	4:35.45	10
1) Reynard, Ashley	2) Hanson, Emma		
3) Dryden, Hannah	4) Baker, Brielle		
2 CB Thomas Jefferson 'A'	4:41.00	4:41.64	8
1) Smith, Alexis	2) Bose, Shaeley		
3) Evers, Abby	4) Quartier, Amelie		
3 Atlantic 'A'	4:43.00	4:44.69	6
1) Hansen, Taylor	2) Bean, Aleigh		
3) Goergen, Kennedy	4) Botos, Madison		
4 Red Oak 'A'	4:43.59	5:02.69	4
1) Bass, Camryn	2) Peterson, Trinity		
3) Brummett, Araina	4) McCunn, Alexa		
5 Clarinda 'A'	5:25.47	5:03.64	2
1) Sunderman, Maddie	2) Boltinghouse, Laney		
3) Lihs, Molly	4) Eberly, Ashlyn		
6 Shenandoah 'A'	5:05.00	5:12.23	1
1) Adkins, Claire	2) Stogdill, Olivia		
3) Morales-Llan, Lydia	4) Campbell, Claire		
7 Glenwood Girls 'A'	4:50.00	5:21.87	

- | | |
|-------------------|---------------------|
| 1) Hays, Victoria | 2) Nielsen, Nikki |
| 3) Dietz, Alyx | 4) Mullenix, Rachel |

Girls 4x100 Yard Shuttle Hurdle Class 2A

School	Seed	Finals	Points
1 Atlantic 'A'	1:04.17	1:15.10	10
1) Williams, Heidi	2) Trotter, Mia		
3) Pellett, Caroline	4) Lowary, Anna		
2 Glenwood Girls 'A'	1:13.00	1:15.94	8
1) Camden, Madison	2) Jones, Kennedy		
3) Sechtem, Aza	4) Ausdemore, Marissa		
3 Shenandoah 'A'	1:22.00	1:22.55	6
1) Hunter, Riley	2) Adkins, Claire		
3) Kinghorn, Hadlee	4) Morales-Llan, Lydia		
4 CB Thomas Jefferson 'A'	1:22.00	1:22.56	4
1) Carroll, Alexcia	2) Elkins, Elizabeth		
3) Roque, Linda	4) Watts, Hailey		
5 Creston 'A'	1:35.75	1:28.76	2
1) Lynch, Brittany	2) Abildtrup, Ryli		
3) Evans, Halle	4) McIntosh, Makayla		
-- Clarinda 'A'	1:24.00	DQ	
1) Espinosa, Faith	2) Wilmes, Colbie		
3) Strait, Chloe	4) Shane, Addy		

Girls High Jump Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Matheny, Coryl	Glenwood Gir	4-10.00	5-01.00	2	10
2 Denton, Roxy	Shenandoah	4-10.00	J5-01.00	2	8
3 Belt, Hannah	CB Thomas Je	4-06.00	4-08.00	2	6
4 Becker, Lauren	Glenwood Gir	4-10.00	J4-08.00	2	4
5 Exley, Alexis	CB Thomas Je	4-06.00	4-06.00	2	2
6 Abildtrup, Ryli	Creston	4-06.00	J4-06.00	1	1
7 Derby, Alyssa	Atlantic	4-06.00	4-04.00	2	
8 Pellett, Caroline	Atlantic	4-06.00	J4-04.00	1	
-- Lihs, Morgan	Clarinda	4-00.00	DQ	1	

Girls Long Jump Class 2A

Name	Year School	Seed	Finals	Points
1 Rasmussen, Haley	Atlantic	16-03.75	15-01.75	10
2 Millikan, Paige	Clarinda	15-01.25	14-04.00	8
3 Bruckner, Grace	Atlantic	14-02.00	14-03.00	6
4 Espinosa, Faith	Clarinda	13-11.00	13-10.00	4
5 Mass, Maxine	CB Thomas Je	13-07.00	13-09.50	2
6 Reynard, Ashley	Creston	12-08.25	13-08.00	1
7 Sechtem, Aza	Glenwood Gir	12-00.00	13-06.25	
8 Evans, Halle	Creston	12-11.25	12-01.50	
9 Kalkas, Kallee	Shenandoah	12-05.00	11-10.50	
10 Zito, Alexis	Shenandoah	11-06.00	10-10.50	

Girls Shot Put Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Hughes, Logan	Shenandoah	39-01.00	39-06.50	2	10
2 Fields, Kelsey	Creston	38-05.00	38-03.50	2	8
3 Biermann, Sydney	Glenwood Gir	41-03.00	37-04.00	2	6
4 Jones, Kennedy	Glenwood Gir	33-08.00	34-00.00	2	4
5 Morales, Sara	Shenandoah	35-03.00	33-09.50	2	2
6 Hood, Abbi	Creston	32-07.50	31-07.00	2	1
7 Thompson, Lilly	CB Thomas Je	29-03.75	28-05.50	2	
8 Voss, Alexandra	CB Thomas Je	26-05.25	26-09.50	1	
9 Graham, Jillian	Clarinda	26-11.75	26-05.50	2	
10 Trotter, Lexie	Atlantic	22-11.00	24-08.00	1	
11 Woodward, Malena	Atlantic	23-10.00	22-10.50	1	
12 Shane, Addy	Clarinda	24-07.50	21-10.00	1	

Girls Discus Throw Class 2A

Name	Year School	Seed	Finals	H#	Points
1 Fields, Kelsey	Creston	123-11	126-05	2	10
2 Scarborough, Elle	Glenwood Gir	121-00	119-03	2	8
3 Biermann, Sydney	Glenwood Gir	119-00	110-06	1	6
4 Hughes, Logan	Shenandoah	124-05	108-11	2	4
5 Graham, Jillian	Clarinda	76-05	78-02	1	2
6 Morales, Sara	Shenandoah	95-10	75-04	1	1
7 Thompson, Lilly	CB Thomas Je	74-08	74-06	1	
8 Joyce, Emma	Atlantic	62-08	71-04	1	
9 Fields, Brianna	Creston	86-00	67-00	1	
10 Neal, Kylie	Atlantic	65-06	66-10	1	
11 Voss, Alexandra	CB Thomas Je	55-06	59-09	1	

Girls 100 Yard Dash Class 1A

Name	Year School	Seed	Finals	H#	Points
1 Carley, Megan	Treynor	13.51	13.54	3	10
2 Blaha, Jordyn	St. Albert	12.95	13.68	3	8
3 Hardin, Faith	Clarinda Aca	13.50	13.73	3	6
4 Bell, Dezta	Clarinda Aca	13.40	14.11	3	4
5 Valenzuela, Selena	Bedford	13.90	14.18	3	2
6 Neihart, Jessalee	South Page	14.34	14.31	2	1
7 Bruce, Aunulee	Southwest Va	13.50	14.43	3	
8 Ecklin, Brooklyn	Lenox	14.50	14.43	2	
9 Jensen, Riley	Essex	14.19	14.51	3	
10 Williams, Lillia	St. Albert	14.20	14.65	2	
11 Madsen, Sarah	Essex	14.25	14.91	2	
12 Knop, Alex	East Mills	14.96	15.04	1	
13 Lund, Norah	Southwest Va	13.65	15.26	3	
14 Ogaltree, Hope	Stanton Girl	14.50	15.29	2	
15 Larson, Ashton	Lenox	15.00	15.34	1	
16 Castle, Tori	Treynor	14.78	15.35	1	
17 Neihart, Catherine	South Page	14.40	15.44	2	

Girls 200 Yard Dash Class 1A

Name	Year School	Seed	Finals	H#	Points
------	-------------	------	--------	----	--------

1	Blaha, Jordyn	St. Albert	27.22	28.53	3	10
2	Valenzuela, Selena	Bedford	29.10	29.81	3	8
3	Stoaks, TJ	Lenox	30.00	30.27	3	6
4	Tracy, Vivian	Bedford	29.00	30.45	3	4
5	Bruce, Aunulee	Southwest Va	31.50	31.58	2	2
6	Spanier, Carissa	Treynor	32.46	31.62	2	1
7	Poston, Karsyn	Southwest Va	32.60	31.71	2	
8	Neihart, Catherine	South Page	31.21	31.90	2	
9	Tibben, Kami	Stanton Girl	32.50	31.92	2	
10	Trost, Sam	Lenox	32.00	33.09	2	
11	Vorhies, Nicole	Stanton Girl	33.50	33.20	2	
12	Schmit, Cheyenne	East Mills	34.70	34.68	1	
13	Yosrungroch, Pinsuda	East Mills	34.56	35.45	1	
14	Williams, Trinity	Clarinda Aca	35.30	36.37	1	
15	Red Cloud, Maliyah	Clarinda Aca	38.90	40.02	1	

Girls 400 Yard Dash Class 1A

Name	Year School	Seed	Finals	H#	Points
1	Peterson, Tara	Stanton Girl	1:05.00	1:03.64	2 10
2	Blaha, Jordyn	St. Albert	1:06.70	1:04.40	2 8
3	Poston, Karsyn	Southwest Va	1:10.86	1:11.23	2 6
4	Cox, Jynessa	Lenox	1:16.00	1:13.72	2 4
5	LaScala, Bella	Treynor	1:17.62	1:15.32	2 2
6	Ricks, Jena	Lenox	1:22.00	1:18.17	1 1
7	Miller, Willow	Bedford	1:15.00	1:20.80	2
8	Kinoshita, Katy	Clarinda Aca	1:05.00	1:25.57	2
9	Williams, McKenzieigh	Clarinda Aca	1:28.00	1:26.30	1
10	John, Kelsey	Bedford	1:14.50	1:30.10	2
11	Zhornova, Anastasiya	South Page	1:38.40	1:32.50	1
12	Sayre, Emaley	South Page		1:41.59	1

Girls 800 Yard Run Class 1A

Name	Year School	Seed	Finals	H#	Points
1	Castle, Tori	Treynor	2:41.68	2:43.00	2 10
2	Hogan, McKinna	Lenox	2:48.00	2:44.00	2 8
3	Hummel, Mazzy	Southwest Va	2:47.70	2:50.00	2 6
4	Douglas, Camryn	Lenox	2:55.00	2:53.00	2 4
5	Springman, Gracie	St. Albert	2:52.70	2:55.00	2 2
6	Carman, Sydney	Treynor	2:56.89	2:56.00	2 1
7	Allmon, Mia	St. Albert	2:58.80	3:00.00	2
8	Jacobs, Olivia	Southwest Va	3:09.03	3:04.00	1
9	Riedel, Alexis	Bedford	3:50.00	3:07.00	1
9	Perdew, Carmen	Bedford	3:04.00	3:07.00	2
11	Bigfire, Seniah	Clarinda Aca	4:02.00	3:10.00	1
12	Bigfire, Reniah	Clarinda Aca	4:10.00	3:12.00	1

Girls 1500 Yard Run Class 1A

Name	Year School	Seed	Finals	Points
1	Lucas, Emma	Bedford	4:48.50	5:01.00 10
2	Smith, Brenna	St. Albert	6:09.22	6:06.00 8
3	Barrett, Ann	East Mills	6:48.04	6:22.00 6

4	Jacobs, Kaylee	Southwest Va	6:12.00	6:34.00	4
5	Thomas, Hailey	Southwest Va	6:30.00	6:34.70	2

Girls 3000 Yard Run Class 1A

Name	Year School	Seed	Finals	Points
1 Lucas, Emma	Bedford	10:04.50	10:41.21	10
2 Oyster, Jami	East Mills	14:24.15	13:35.37	8
3 Spanier, Carissa	Treynor	13:52.14	13:51.37	6

Girls 100 Yard Hurdles Class 1A

Name	Year School	Seed	Finals	H#	Points
1 Croghan, Kassidy	East Mills	17.98	18.06	2	10
2 Nelson, Cassidy	Lenox	19.00	18.68	2	8
3 Reisz, Pearl	St. Albert	18.30	18.78	2	6
4 Vinzant, Hayleigh	Bedford	18.90	20.08	2	4
5 Dukes, Abby	Bedford	19.90	20.37	2	2
6 Seipold, Emma	East Mills	21.29	21.09	1	1
7 Elwood, Kennedy	Treynor	19.34	21.20	2	
8 Lundquist, Aspen	Southwest Va	18.70	21.82	2	
9 McCollum, Shalee	South Page	22.78	22.08	1	
10 Lauer, Emily	Southwest Va	19.80	22.45	2	
11 King, Beth	St. Albert	23.80	24.15	1	

Girls 400 Yard Hurdles Class 1A

Name	Year School	Seed	Finals	Points
1 Peterson, Tara	Stanton Girl	1:11.50	1:12.84	10
2 Williams, Lauren	St. Albert	1:14.34	1:16.97	8
3 Vinzant, Hayleigh	Bedford	1:19.50	1:31.70	6
4 Dukes, Abby	Bedford	1:21.00	1:33.89	4
5 McCollum, Shalee	South Page	1:03.40	1:38.06	2

Girls 4x100 Yard Relay Class 1A

School	Seed	Finals	Points
1 Clarinda Academy 'A'	55.60	56.76	10
1) Kinoshita, Katy			
2) Ranschau, Traci			
3) Bell, Dezta			
4) Hardin, Faith			
2 St. Albert 'A'	58.00	57.06	8
1) Poor, Presley			
2) Groves, Taitum			
3) White, Bailey			
4) Williams, Lillia			
3 Southwest Valley 'A'	57.80	59.39	6
1) Bruce, Aunulee			
2) Lund, Norah			
3) Haer, Lexie			
4) Myers, Kayley			
4 Lenox 'A'	1:00.00	59.50	4
1) Larson, Ashton			
2) Sparks, Niki			
3) Trost, Sam			
4) Ecklin, Brooklynn			
5 Bedford 'A'	56.50	59.59	2
1) Russell, Loni			
2) Weed, Kennedy			
3) Tracy, Vivian			
4) O'Dell, Hannah			
6 Stanton Girls 'A'	59.00	59.64	1

1) Ogaltree, Hope	2) Tibben, Kami		
3) Vorhies, Nicole	4) Isaccson, Devin		
7 South Page 'A'	1:15.12	59.65	
1) Sayre, Emaley	2) Slough, Erin		
3) Zhornova, Anastasiya	4) Guthrie, Peyton		

Girls 4x200 Yard Relay Class 1A

School	Seed	Finals	H#	Points
1 Treynor 'A'	1:58.32	1:56.44	2	10
1) Shipley, Maddie	2) Carley, Megan			
3) Spanier, Carissa	4) James, Noel			
2 Bedford 'A'	2:00.00	2:01.19	2	8
1) O'Dell, Hannah	2) Sefrit, Macie			
3) Tracy, Vivian	4) Valenzuela, Selena			
3 Lenox 'A'	2:06.00	2:05.24	2	6
1) Larson, Ashton	2) Trost, Sam			
3) Sparks, Niki	4) Ecklin, Brooklynn			
4 Southwest Valley 'A'	2:10.00	2:06.47	2	4
1) Johnson, Bella	2) Lund, Norah			
3) Larsen, Samantha	4) Myers, Kayley			
5 St. Albert 'A'	2:04.00	2:08.15	2	2
1) White, Bailey	2) Allmon, Mia			
3) Poor, Presley	4) Groves, Taitum			
6 Stanton Girls 'A'	2:07.00	2:09.88	2	1
1) Ogaltree, Hope	2) Tibben, Kami			
3) Vorhies, Nicole	4) Isaccson, Devin			
7 South Page 'A'	2:15.00	2:12.19	1	
1) McCollum, Shalee	2) Sayre, Emaley			
3) Neihart, Catherine	4) Neihart, Jessalee			
8 East Mills 'A'	2:16.72	2:19.99	1	
1) Yosrungrach, Pinsuda	2) Marburger, Madi			
3) Vandenberg, Kaylee	4) Viner, Macy			
9 Clarinda Academy 'A'	2:29.00	2:38.82	1	
1) Hasselberg-Linse, Dana	2) Red Cloud, Maliyah			
3) Bigfire, Seniah	4) Bigfire, Reniah			

Girls 4x400 Yard Relay Class 1A

School	Seed	Finals	Points
1 Lenox 'A'	4:49.00	4:47.18	10
1) Parrish, Morgan	2) Hogan, McKinna		
3) Douglas, Camryn	4) Stoaks, TJ		
2 St. Albert 'A'	5:21.32	4:57.32	8
1) Groves, Taitum	2) Williams, Lauren		
3) Smith, Brenna	4) Springman, Gracie		
3 Southwest Valley 'A'	4:50.00	5:05.85	6
1) Davies, Sydney	2) Jacobs, Olivia		
3) Pearson, Halle	4) Haer, Lexie		
4 Bedford 'A'	5:10.00	5:06.04	4
1) Perdew, Carmen	2) Miller, Willow		
3) Rodgers, Danielle	4) Dukes, Abby		

Girls 4x800 Yard Relay Class 1A

School	Seed	Finals	Points
1 Treynor 'A'	11:05.23	11:40.57	10
1) Carley, Megan	2) Castle, Tori		
3) Carman, Sydney	4) Elwood, Kennedy		
2 Southwest Valley 'A'	12:15.00	12:24.32	8
1) Hummel, Mazzy	2) Davies, Sydney		
3) Shuey, Morgan	4) Pearson, Halle		
3 Lenox 'A'	15:00.00	12:56.89	6
1) Douglas, Camryn	2) Sparks, Niki		
3) Ricks, Jena	4) Cox, Jynessa		
4 Bedford 'A'	14:00.00	14:06.92	4
1) Perdew, Carmen	2) Miller, Willow		
3) Rodgers, Danielle	4) Welch, Alayna		

Girls 800 Sprint Medley Class 1A

School	Seed	Finals	H#	Points
1 Treynor 'A'	1:59.62	1:57.98	2	10
1) Shipley, Maddie	2) Carman, Sydney			
3) Carley, Megan	4) James, Noel			
2 Stanton Girls 'A'	2:03.00	2:05.32	2	8
1) Ogaltree, Hope	2) Isaccson, Devin			
3) Tibben, Kami	4) Peterson, Tara			
3 Lenox 'A'	2:05.00	2:06.17	2	6
1) Nelson, Cassidy	2) Ecklin, Brooklynn			
3) Parrish, Morgan	4) Stoaks, TJ			
4 Southwest Valley 'A'	2:08.00	2:07.20	2	4
1) Bruce, Aunulee	2) Haer, Lexie			
3) Myers, Kayley	4) Poston, Karsyn			
5 St. Albert 'A'	2:06.32	2:08.38	2	2
1) Poor, Presley	2) Groves, Taitum			
3) White, Bailey	4) Williams, Lauren			
6 East Mills 'A'	2:08.97	2:11.08	2	1
1) Croghan, Kassidy	2) Knop, Alex			
3) Williams, Madison	4) Seipold, Emma			
7 Bedford 'A'	2:12.00	2:15.96	1	
1) Sefrit, Macie	2) John, Kelsey			
3) Weed, Kennedy	4) Vinzant, Hayleigh			
8 Clarinda Academy 'A'	2:12.00	2:21.40	1	
1) Bell, Dezta	2) Hardin, Faith			
3) Ranschau, Traci	4) Kinoshita, Katy			
9 South Page 'A'	2:44.00	2:36.78	1	
1) Neihart, Jessalee	2) Slough, Erin			
3) Neihart, Catherine	4) Zhornova, Anastasiya			

Girls Distance Medley Class 1A

School	Seed	Finals	Points
1 Treynor 'A'	5:04.62	4:41.35	10
1) Elwood, Kennedy	2) Castle, Tori		
3) Shipley, Maddie	4) James, Noel		
2 Bedford 'A'	4:30.00	4:49.61	8
1) O'Dell, Hannah	2) Valenzuela, Selena		
3) Tracy, Vivian	4) Lucas, Emma		

3	Lenox 'A'	5:00.00	4:56.91	6
	1) Nelson, Cassidy	2) Parrish, Morgan		
	3) Stoaks, TJ	4) Hogan, McKinna		
4	St. Albert 'A'	5:10.33	5:06.46	4
	1) Smith, Brenna	2) White, Bailey		
	3) Allmon, Mia	4) Springman, Gracie		
5	Southwest Valley 'A'	5:25.00	6:05.43	2
	1) Moore, Josylmn	2) Lauer, Emily		
	3) Larsen, Samantha	4) Welch, Autumn		

Girls 4x100 Yard Shuttle Hurdle Class 1A

School	Seed	Finals	Points
1 Bedford 'A'	1:20.00	1:55.35	10
1) Dukes, Abby	2) Rodgers, Danielle		
3) Miller, Willow	4) Vinzant, Hayleigh		

Girls High Jump Class 1A

Name	Year School	Seed	Finals	Points
1 Jensen, Riley	Essex	5-01.00	5-00.00	10
2 Johnson, Bella	Southwest Va	4-08.00	4-10.00	8
3 Nelson, Cassidy	Lenox	4-06.00	4-08.00	6
4 Lundquist, Aspen	Southwest Va	4-03.00	J4-08.00	4
5 Elwood, Kennedy	Treynor	4-02.00	4-06.00	2
6 Madsen, Sarah	Essex	4-06.00	4-02.00	1

Girls Long Jump Class 1A

Name	Year School	Seed	Finals	Points
1 Shipley, Maddie	Treynor	15-04.75	15-01.00	10
2 Williams, Lillia	St. Albert	15-10.00	14-04.00	8
3 Johnson, Bella	Southwest Va	13-11.25	J14-04.00	6
4 Sefrit, Macie	Bedford	14-00.00	14-00.25	4
5 Weed, Kennedy	Bedford	13-08.00	13-03.25	2
6 Myers, Kayley	Southwest Va	12-02.75	J13-03.25	1
7 Maynes, Caitlyn	Lenox	10-00.00	11-00.50	

Girls Shot Put Class 1A

Name	Year School	Seed	Finals	H#	Points
1 Thiel, Lucy	Treynor	34-05.00	33-01.50	2	10
2 Yzaguirre, Kayla	Lenox	28-10.00	31-02.00	2	8
3 Aldrich, Kyli	Southwest Va	30-01.00	30-11.50	2	6
4 Morse, Emily	Treynor	31-03.00	30-02.00	2	4
5 Isaccson, Devin	Stanton Girl	28-00.00	28-05.50	2	2
6 Cooper, Taâ€™Mya	Clarinda Aca	29-04.00	27-08.00	2	1
7 Russell, Loni	Bedford	27-00.00	26-07.00	2	
8 Douglas, Camryn	Lenox	27-05.00	25-01.00	2	
9 Larsen, Marah	Southwest Va	26-04.50	22-08.00	1	
10 Akers, Cailyn	Bedford	24-10.00	22-04.00	1	
11 Marburger, Madi	East Mills	20-07.75	20-06.50	1	
12 Forte, Jasmine	Essex	19-08.25	19-01.50	1	

13 Guthrie, Peyton	South Page	19-06.00	19-01.00	1
14 Romero, Izzy	Clarinda Aca	17-06.00	17-00.00	1

Girls Discus Throw Class 1A

Name	Year School	Seed	Finals	H#	Points
1 Haer, Lexie	Southwest Va	100-03	98-00	2	10
2 Umhreys, Stella	Treynor	89-07	96-09	2	8
3 Larsen, Marah	Southwest Va	95-06	88-06	2	6
4 Morse, Emily	Treynor	92-07	86-09	2	4
5 Yzaguirre, Kayla	Lenox	80-00	79-07	2	2
6 Vorhies, Nicole	Stanton Girl	80-00	79-02	2	1
7 Parrish, Morgan	Lenox	75-00	77-08	2	
8 Russell, Loni	Bedford	72-00	69-01	2	
9 Marburger, Madi	East Mills	52-08	58-00	1	
10 Bernard, Lilly	St. Albert	59-11	55-06	1	
11 Bond, Savanna	Bedford	68-00	51-07	1	
12 Guthrie, Peyton	South Page	55-03	46-03	1	
13 Collins, Kylie	St. Albert	60-10	46-00	1	
14 Forte, Jasmine	Essex	51-09	45-01	1	

Girls 100 Yard Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Joyce, Emma	Atlantic	17.50	14.41	2	10
2 Abildtrup, Ryli	Creston	15.72	15.36	3	8
3 Vodicka, Alexis	CB Thomas Je	15.50	15.62	3	6
4 Southwell, Mya	Red Oak	15.83	15.77	3	4
5 Jones, Bella	St. Albert	15.60	16.09	3	2
6 Gabriel, Triana	Southwest Va	16.90	16.47	2	1
7 Swanson, Felicity	Atlantic	17.80	16.54	2	
8 Maynes, Caitlyn	Lenox	17.00	16.56	2	
9 Collins, Kylie	St. Albert	16.20	16.67	3	
10 Rice, Alissa	Red Oak	17.05	16.75	2	
11 Eberly, Samantha	Clarinda	19.50	16.96	1	
12 Exley, Erin	CB Thomas Je	16.20	17.36	3	
13 Johnson, Natalie	Shenandoah	16.70	17.44	3	
14 Lint, Ashleigh	Shenandoah	18.50	17.96	2	
15 Reed, Brianna	Clarinda	19.64	19.18	1	
16 Gregg, Hailley	Lenox	18.00	19.35	2	
-- Gutknecht, Lexi	Creston	20.65	DQ	1	

Girls 200 Yard Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Jensen, Riley	Essex	29.39	29.65	3	10
2 Madsen, Sarah	Essex	30.98	31.03	3	8
3 Trotter, Mia	Atlantic	33.50	32.00	3	6
4 Zito, Alexis	Shenandoah	33.50	32.28	3	4
5 Dietz, Alyx	Glenwood Gir	32.00	32.42	3	2
6 Abildtrup, Ryli	Creston	34.52	32.69	2	1
7 Sickels, Molly	Creston	33.92	32.80	2	
8 Graham, Aedynn	Red Oak	33.00	33.07	3	
9 Hoffman, Mackenzie	Atlantic	31.44	33.22	3	

10	Vodicka, Alexis	CB Thomas Je	32.50	33.70	3
11	Kinser, Allison	Shenandoah	34.80	34.36	2
12	Kerchner, Gracelyn	Lenox	36.00	35.00	2
13	Collins, Kylie	St. Albert	34.00	35.64	2
14	Eberly, Samantha	Clarinda	35.00	35.91	2
15	Rice, Alissa	Red Oak	36.28	36.00	2
16	King, Beth	St. Albert	35.00	37.35	2
17	Exley, Erin	CB Thomas Je	36.85	38.00	1
18	Gregg, Hailley	Lenox	42.00	41.87	1
19	Randolph, Jacey	Clarinda	38.00	42.00	1

Girls 400 Yard Dash Junior Varsity

Name	Year School	Seed	Finals	H#	Points
1 Steinhoff, Torie	Atlantic	1:14.20	1:12.12	2	10
2 Davis, Paige	Creston	1:10.78	1:13.48	2	8
3 Sickels, Molly	Creston	1:13.21	1:13.72	2	6
4 Benavides, Isabella	CB Thomas Je	1:14.00	1:17.09	2	4
5 Cook, Gracie	Lenox	1:25.00	1:17.34	1	2
6 Siedlik, Kelsie	Atlantic	1:15.20	1:20.12	2	1
7 Horvath, Maddy	St. Albert	1:28.00	1:22.07	1	
8 Kerchner, Gracelyn	Lenox	1:25.00	1:22.44	1	
9 Chester, Chloe	CB Thomas Je	1:20.90	1:23.72	2	
10 Lauber, Kalyna	Clarinda	1:15.00	1:29.88	2	
11 Welch, Alayna	Bedford	1:25.00	1:33.17	1	

Girls 4x100 Yard Relay Junior Varsity

School	Seed	Finals	H#	Points
1 Glenwood Girls 'A'	56.00	57.84	2	10
1) Sechtem, Aza	2) Jones, Kennedy			
3) Hays, Victoria	4) Camden, Madison			
2 Clarinda 'A'	58.00	59.34	2	8
1) McQueen, Jordyn	2) Lihs, Molly			
3) Smith, Izzy	4) Sunderman, Maddie			
3 Atlantic 'A'	1:08.00	1:01.38	1	6
1) Steinhoff, Torie	2) Rothfusz, Katie			
3) Swanson, Felicity	4) Hoffman, Mackenzie			
4 CB Thomas Jefferson 'A'	1:01.90	1:01.55	2	4
1) Exley, Erin	2) Roque, Linda			
3) Watts, Hailey	4) Chester, Chloe			
5 Lenox 'A'	1:06.00	1:02.91	1	2
1) Maynes, Caitlyn	2) Ricks, Jena			
3) Cox, Jynessa	4) Cook, Gracie			
6 St. Albert 'A'	1:05.00	1:03.57	1	1
1) Horvath, Maddy	2) Geiver, Brigit			
3) Collins, Kylie	4) Jones, Bella			
7 Southwest Valley 'A'	1:00.50	1:04.40	2	
1) Johnson, Bella	2) Gabriel, Triana			
3) Lauer, Emily	4) Lundquist, Aspen			
8 Creston 'A'	1:05.64	1:04.41	1	
1) Worthington, Alison	2) Seaton, Taylor			
3) Evans, Halle	4) McIntosh, Makayla			
9 Shenandoah 'A'	1:05.00	1:05.70	1	
1) Johnson, Natalie	2) Zito, Alexis			

3) Silvestre, Maddie

4) Jensen, Payton

Girls 800 Sprint Medley Junior Varsity

School	Seed	Finals	Points
1 Lenox 'A'	2:13.00	2:15.47	10
1) Larson, Ashton	2) Trost, Sam		
3) Sparks, Niki	4) Hogan, McKinna		
2 CB Thomas Jefferson 'A'	2:16.90	2:15.79	8
1) Carroll, Alexcia	2) Chester, Chloe		
3) Vodicka, Alexis	4) Mass, Maxine		
3 Creston 'A'	2:18.52	2:17.70	6
1) Worthington, Alison	2) Seaton, Taylor		
3) McIntosh, Makayla	4) Sickels, Molly		
4 Clarinda 'A'	2:16.00	2:17.87	4
1) Smith, Izzy	2) Wilmes, Colbie		
3) McQueen, Jordyn	4) Zavala, Sippsy		
5 Atlantic 'A'	2:20.50	2:20.58	2
1) Steinhoff, Torie	2) Rothfusz, Katie		
3) Hoffman, Mackenzie	4) Siedlik, Kelsie		
6 St. Albert 'A'	2:27.00	2:23.25	1
1) Horvath, Maddy	2) King, Beth		
3) Jones, Bella	4) Geiver, Brigit		
7 Shenandoah 'A'	2:20.00	2:25.71	
1) Kalkas, Kallee	2) Jensen, Payton		
3) Zito, Alexis	4) Silvestre, Maddie		

Girls High Jump Junior Varsity

Name	Year School	Seed	Finals	Points
1 Kinghorn, Hadlee	Shenandoah	4-04.00	4-04.00	10

Girls Long Jump Junior Varsity

Name	Year School	Seed	Finals	Points
1 Lauer, Emily	Southwest Va	11-09.25	11-07.00	10
2 Silvestre, Maddie	Shenandoah	11-06.00	10-10.00	8

Girls Shot Put Junior Varsity

Name	Year School	Seed	Finals	Points
1 Simpson, Natalie	Treynor	30-11.00	32-07.50	10
2 Dalton, Delaney	Southwest Va	29-10.00	30-08.50	8
3 Parker, Mia	Shenandoah	30-04.00	28-07.50	6
4 Blank, Macee	Shenandoah	29-03.00	28-01.50	4
5 Umhreys, Stella	Treynor	27-06.00	25-11.00	2
6 Foote, Kaci	Bedford	22-00.00	22-00.50	1

Girls Discus Throw Junior Varsity

Name	Year School	Seed	Finals	Points
1 Simpson, Natalie	Treynor	74-10	95-08	10

2 Poston, Karsyn	Southwest Va	85-07	86-04	8
3 Parker, Mia	Shenandoah	85-00	83-08	6
4 Blank, Macee	Shenandoah	87-00	72-11	4
5 Thiel, Lucy	Treynor	71-05	63-11	2
6 Akers, Cailyn	Bedford	59-00	49-01	1
7 Foote, Kaci	Bedford	50-00	41-00	